

## **Mycophenolate Mofetil (CellCept, MMF)**

Mycophenolate mofetil is an oral immunosuppressant medication used to treat lupus nephritis, other rheumatologic diseases, and for transplant rejection prevention. It is used off-label for a variety of skin conditions, including atopic dermatitis/eczema and autoimmune skin disorders.

### **Considerations:**

- Bloodwork, including complete blood count (CBC), kidney and liver function, and pregnancy test (if indicated) must be checked before and periodically while taking this medication. Hepatitis B and C will be checked prior to initiation of the medication.
- Please inform us if you have a history of cancer (malignancy).
- **BLACK BOX WARNINGS:**
  - Avoid this medication with pregnancy.
  - Mycophenolate mofetil has been shown to increase risk of lymphomas and other malignancies, particularly of the skin.
  - There is an increased risk of infections, including but not limited to bacterial, viral, fungal, and protozoal infections, which may lead to hospitalizations and other negative outcomes.

### **Side Effects:**

- Most common: GI upset (nausea/vomiting/diarrhea/constipation), headaches, swelling, dizziness, difficulty sleeping, or rash.
- We will monitor bloodwork for issues with blood counts, including thrombocytopenia, leukopenia, neutropenia, red cell aplasia, and kidney/liver function.
- Please notify us if you experience any side effects.

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