

HS MODES AFTER-CARE INSTRUCTIONS

- Leave the bandage we place in the office over the wound for 48-72 hours.
- After 48-72 hours, take off the bandage and gently wash the area with Hibiclens for the first week and CLn wash thereafter.
- Apply a generous amount of Vaseline, Aquaphor, or petroleum jelly (please use a new tube or jar of this), enough to cover the entire wound (as if you were “filling a swimming pool”).
- Cover again with non-stick gauze and secure with bandage or paper tape.
- Repeat above steps daily until your follow-up visit.
- The wound may take 4-8 weeks or longer to heal fully.
- If you are prescribed an antibiotic, please take as directed.
- FOR PAIN:
 - If you experience pain (mostly for the first few days and with dressing changes), please take TYLENOL (generic acetaminophen is fine too) extra strength (1000mg dose) every 6 hours as needed.
 - Avoid aspirin or NSAIDS (Advil, Motrin, etc) for the first 48 hours, as these increase your risk of bleeding.
 - After the first 48 hours, you may alternate acetaminophen (Tylenol) with NSAIDs if needed.
 - A prescription for a limited number of tramadol tablets will be sent electronically if needed.
- Please send a photo of the surgical site to Dr. Paek as directed via patient portal or email 2 weeks after the procedure.

PLEASE CALL US WITH ANY QUESTIONS OR CONCERNS.

Dr. So Yeon Paek
www.drpaek.com