

POST-BIOPSY INSTRUCTIONS

1. Clean with anti-bacterial soap and water daily.
2. Apply ample amount of Vaseline or Aquaphor ointment directly over wound.
3. Cover with small dressing or band-aid for 7-10 days.
Studies show that wounds heal better when covered with ointment and a bandage.

IF YOU HAVE SUTURES (STITCHES):

Your sutures will be in for approximately 1-2 weeks. Please schedule vacations and/or activities accordingly.

No showering for 24 hours. After that, you may bathe/shower normally.
No strenuous activity for 1 week and preferably the entire time sutures are in.
No swimming while sutures are in.

FREQUENTLY ASKED QUESTIONS:

*It is OK to get the wound wet when washing or bathing.

*If bleeding should occur, apply firm direct pressure for 10-20 minutes until bleeding stops.

*You will be contacted with the results of your procedure when we receive them (usually 1-2 weeks), or at your follow-up visit.

*For pain, take Tylenol (acetaminophen) as directed on the bottle. Avoid medications such as aspirin, ibuprofen, or naproxen (called NSAIDs), as they increase your bleeding risk.

PLEASE CALL US WITH ANY QUESTIONS OR CONCERNS.

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